

# 20 week midwife-led care package

## My pregnancy planner 2026

During your pregnancy you will be offered the below appointment schedule with our team of dedicated midwives. They will check that you and your baby are well, and provide support and information to help you make informed choices. The frequency of appointments may change dependent on your circumstances, which we will discuss with you if applicable.

| Weeks of pregnancy | Midwife-led care  | Approximate duration              |
|--------------------|---|-----------------------------------|
|                    | Telephone 'meet and greet'  | 30 minutes                        |
| 20                 | 1st midwife appointment (booking appointment)<br>Anomaly scan   | 1 hour<br>30 minutes              |
| 24                 | Midwife appointment   | 30 minutes                        |
| 28                 | Midwife appointment<br>Routine bloods<br>Discuss classes and birth preferences<br>Anti D (if applicable)<br>GTT (if applicable) | 1 hour<br>(2 hours if having GTT) |
| 32                 | Midwife appointment   | 30 minutes                        |
| 34                 | Midwife appointment<br>Discuss birth plan   | 1 hour                            |
| 36                 | Growth scan<br>Midwife appointment<br>Blood test/GBS swab<br>Meet named consultant  | 30 minutes<br>30 minutes          |
| 38                 | Midwife appointment   | 30 minutes                        |
| 40                 | Midwife appointment<br>Discuss membrane sweeps  | 30 minutes                        |
| 41                 | Postdates scan<br>Midwife appointment with induction of labour discussion with consultant                                       | 30 minutes<br>1 hour              |

## Transfer of care

We screen for pregnancy conditions throughout your antenatal care and, as a guide, the following conditions may arise at any stage during your pregnancy (other conditions may also apply):

- Obstetric cholestasis
- Bleeding
- Preeclampsia
- Reduced foetal movements
- Diabetes
- Breech

In this event, you may not be eligible for midwife-led delivery (MLD) care and you will be referred for consultant-led care (CLC). The MLD package will not apply and your antenatal care will be itemised, as per the below charges, please note the below is intended as a guide only and may be subject to change.

| Pregnancy journey                                | Approx. cost   | Treatment received  | Potential points of transfer to CLC  |
|--|--|---|--|
| Meet and Greet                                   | Free   | 30 minutes with midwife to assess eligibility for MLD   | Not eligible for MLD   |
| First booking appointment at 10, 20 and 30 weeks | £234<br>£86<br>£109<br>£221<br>£231<br>£45<br>£128<br>£48<br>£46<br>£72<br>£73 | Midwife consultations x 2<br>HIV1/2 antibodies<br>Hepatitis B surface antigen<br>Hepatitis B DNA<br>Hepatitis B profile<br>Syphilis serology<br>Haemoglobinopathies<br>Blood group and antibody<br>Full blood count<br>Urine MC&S<br>Tpha |  |
| 12 weeks   | £386   | MLD combined test and ultrasound  | Possible if twins/ miscarriage/ anomaly  |
| 16 weeks   | £117   | Midwife consultation x 1  |  |
| 20 weeks   | £281   | MLD anomaly/anatomy scan  | Possible if anomaly found  |
| 24 weeks   | £117   | Midwife consultation x 1  |  |
| 28 weeks   | £234<br>£173<br>£46<br>£48   | Midwife consultations x 2<br>GTT<br>Full blood count<br>Blood group and antibodies  | Possible if GTT abnormal   |
| 32 weeks   | £117   | Midwife consultation x 1  |  |
| 34 weeks   | £234   | Midwife consultations x 2   |  |
| 36 weeks   | £296<br>£117<br>£46<br>£72<br>£150   | Growth scan<br>Midwife consultation x 1<br>Full blood count<br>GBS swab<br>Meet named consultant  | • Possible if growth too small/ too big<br>• Possible if iron levels below cut off<br>• Breech |
| 38 weeks   | £117   | Midwife consultation x 1  | Reduced foetal movements   |
| 40 weeks   | £117   | Midwife consultation x 1  |  |
| 41 weeks   | £296<br>£234   | Growth scan<br>Midwife consultations x 2  | IOL/emergency C-section  |

### Cancellations

If for any reason, you decide not to proceed with your planned treatment, you will be required to settle any outstanding hospital charges, as per the itemised charges.