10 week midwife-led care package

My pregnancy planner 2024

During your pregnancy you will be offered the below appointment schedule with our team of dedicated midwives. They will check that you and your baby are well, and provide support and information to help you make informed choices. The frequency of appointments may change dependent on your circumstances, which we will discuss with you if applicable.

Weeks of pregnancy	Midwife-led care	Approximate duration	
8-9	Telephone 'meet and greet'	30 minutes	
10	1st midwife appointment (booking appointment)	1 hour	
12	Combined test / ultrasound scan	30 minutes	
16	Midwife appointment	30 minutes	
20	Anomaly scan Midwife appointment	30 minutes 30 minutes	
24	Midwife appointment	30 minutes	
28	Midwife appointment Routine bloods Discuss classes and birth preferences Anti D (if applicable) GTT (if applicable)	1 hour (2 hours if having GTT)	
32	Midwife appointment 30 mi		
34	Midwife appointment Discuss birth plan	1 hour	
36	Growth scan Midwife appointment Blood test/GBS swab Meet named consultant	30 minutes 30 minutes	
38	Midwife appointment	30 minutes	
40	Midwife appointment Discuss membrane sweeps	30 minutes	
41	Post-dates scan Midwife appointment with induction of labour discussion with consultant 30 minutes 1 hour		

The Portland Hospital



Transfer of care

We screen for pregnancy conditions throughout your antenatal care and, as a guide, the following conditions may arise at any stage during your pregnancy (other conditions may also apply):

Obstetric cholestasis

Bleeding

Diabetes

Pre-eclampsia

Reduced foetal movements

Breech

In this event, you may not be eligible for midwife-led delivery (MLD) care and you will be referred for consultant-led care (CLC). The MLD package will not apply and your antenatal care will be itemised, as per the below charges, please note the below is intended as a guide only and may be subject to change.

Pregnancy journey	Approx. cost	Treatment received	Potential points of transfer to CLC
Meet and Greet	Free	30 minutes with midwife to assess eligibility for MLD	Not eligible for MLD
First booking appointment at 10, 20 and 30 weeks	£222 £82 £104 £221 £231 £43 £123 £46 £44 £69	Midwife consultations x 2 HIV-1/2 antibodies Hepatitis B surface antigen Hepatitis B DNA Hepatitis B profiletpha Syphilis serology Haemoglobinopathies Blood group and antibody Full blood count Urine MC&S	
12 weeks	£231	MLD combined test and ultrasound	Possible if twins/ miscarriage/anomaly
16 weeks	£111	Midwife consultation x 1	
20 weeks	£300	MLD anomaly/anatomy scan	Possible if anomaly found
24 weeks	£111	Midwife consultation x 1	
28 weeks	£222 £173 £44 £46	Midwife consultations x 2 GTT Full blood count Blood group and antibodies	Possible if GTT abnormal
32 weeks	£111	Midwife consultation x 1	
34 weeks	£222	Midwife consultations x 2	
36 weeks	£232 £111 £44 £72 £150	Growth scan Midwife consultation x 1 Full blood count GBS swab Meet named consultant	 Possible if growth too small/too big Possible if iron levels below cut off Breech
38 weeks	£111	Midwife consultation x 1	Reduced foetal movements
40 weeks	£111	Midwife consultation x 1	
41 weeks	£232 £222	Growth scan Midwife consultations x 2	IOL/emergency C-section

Cancellations

If, for any reason, you decide not to proceed with your planned treatment, you will be required to settle any outstanding hospital charges, as per the itemised charges.